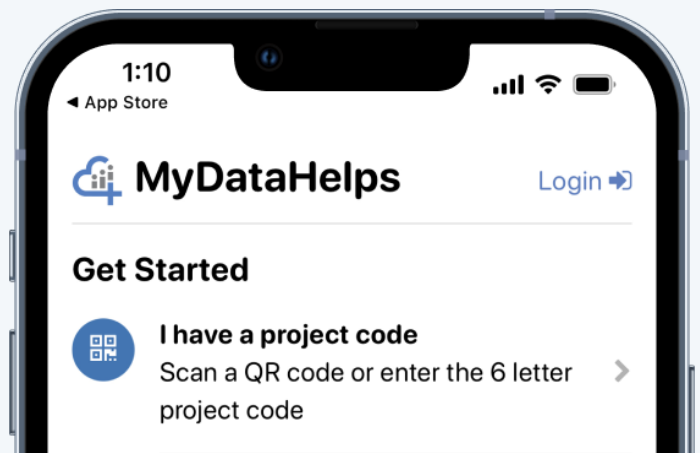


# How to Enroll in MyDataHelps (MDH)

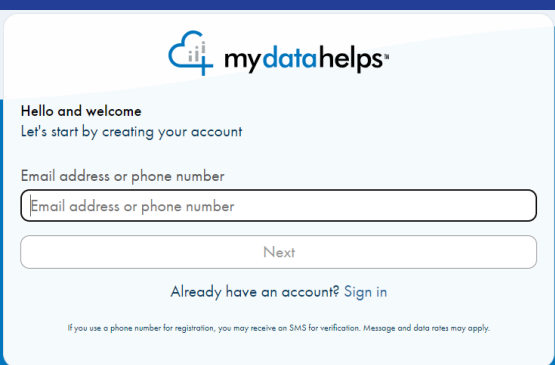
## KRN Mobile Health Opportunity

### Download the MyDataHelps App

- Once downloaded, select "I have a project code."
- Scan the QR code below.



### Join the "Kidney Mobile Health Registry"

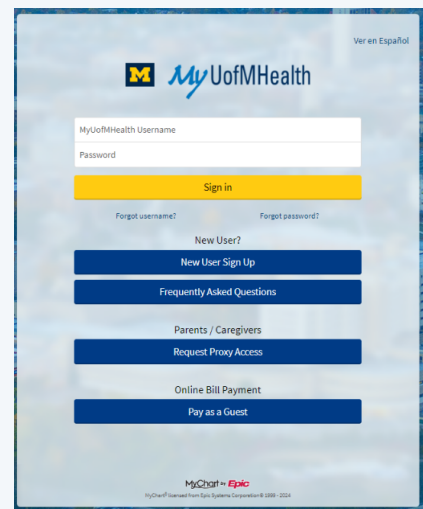


- Create an account using your email address and a unique password.
- Agree to use MDH and receive notifications.
- Complete the sign-up questions and e-consent.

### Connect Provider or Health Plan

- Click "Connect Provider or Health Plan" banner to access your local electronic health record.
- Search for your health system name under the search bar.
- Sign in to your patient portal. \*Note: you will need your portal username and password for this step.\*

### Connect Provider or Health Plan



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Tasks

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More

### Complete Study Tasks

- Once connected, complete study surveys and tasks at your leisure!

### Need Help? Contact us!

- Need help with enrollment or have questions about MDH? Contact us at: [mdh-kidneyresearch@umich.edu](mailto:mdh-kidneyresearch@umich.edu)



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